Brunswick County
Senior Games
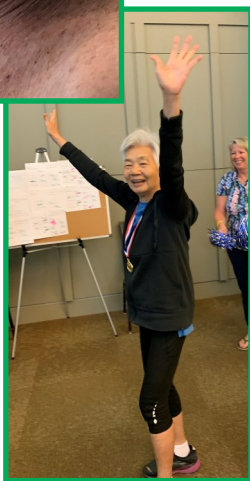GATOR
SilverArts

friends

fun

food

$15 fee includes entry in over 70 athletic & artistic events

Entry Feb 1-March 13
(online entry ends 3/20)

Events held April 3-May 24

REGISTER HERE → bcparks.recdesk.com
(click programs/seniors/Senior Games & SilverArts)

Brunswick County
Parks & Recreation

NORTH CAROLINA
Senior Games

Town of Leland
Parks, Recreation, and Cultural Resources

DINAH E. GORE
BRUNSWICK
COMMUNITY COLLEGE
SPORTS & AQUATICS COMPLEX

BRUNSWICK
SENIOR RESOURCES, INC.

BRUNSWICK AQUATIC CLUB
GATORS

TOWN of ST. JAMES, NC
INC. 1999

HOP
HOUSE OF PICKLEBALL

THE GOLF BARN

BRUNSWICK
ARTS COUNCIL
Celebrate, Cultivate, Community Outreach

LOCKWOOD FOLLY
COUNTRY CLUB

Planet Fun!

ocean isle
BEACH

ncseniorgames.org

ATHLETIC EVENTS

Individual Sports
Basketball Shooting
Billiards
Football Throw
Fun Walk (1 mile walk)
Golf
Mini Golf
5k Run
10k Run
Team Sports
Softball
3-on-3 Basketball
Track & Field Events
50 Meter Dash
100 Meter Dash
200 Meter Dash
400 Meter Dash
800 Meter Dash
1500 meter Run
Running Long Jump
Standing Long Jump
Shot Put
Discus

Bowling
Singles, Doubles, Mixed Doubles

Pickleball
Singles, Doubles, Mixed Doubles

Table Tennis
Singles, Doubles, Mixed Doubles

Tennis
Singles, Doubles, Mixed Doubles

Tournament Events
Bocce
Cornhole
Shuffleboard

Cycling	Recumbent Cycling
1 mile	1 mile
5k	5k
10k	10k

Swimming (max. of 4)
(listed in event order)
200 Freestyle
100 Breaststroke
100 Butterfly
50 Freestyle
100 Individual Medley
50 Breaststroke
200 Backstroke
100 Freestyle
50 Backstroke
200 Individual Medley
400 Individual Medley
100 Backstroke
200 Breaststroke
50 Butterfly
200 Butterfly
500 Freestyle

> *Medals are awarded on site, following each event,*
> *in each age category (men/women separately) .*
> *Age categories are as follows: 50-54, 55-59, 60-64, 65-69,*
> *70-74, 75-79, 80-84, 85-89, 90-94, 95-99, etc.*

friendly competition

SILVERARTS

Visual Arts Category
Acrylics, Drawing, Digital Art
Mixed Media, Oil, Pastels, Photography (film/digital),
Sculpture, Watercolor

Heritage Arts Category
Basket Weaving, Crocheting, General Fiber Arts, Jewelry, Knitting,
Needlework, Pottery (thrown/hand built), Quilting (hand stitched/
machine stitched), Stained Glass, Tole/Decorative Painting, Weaving,
Woodcarving, Woodturning, Woodworking,

Literary Arts Category
Poetry, Short story (fiction), Essay (not autobiographical),
Life Experiences (autobiography).

Performing Arts Category
Vocal, Dance, Drama, Comedy, Instrumental, Line Dance

Cheerleading Category

SilverArts entries are awarded ribbons at the SilverArts Showcase
and medals for the overall winners at the Follies Show.